

2009 Great Northern Conference Girls' Swimming Statistics

Standings

	<u>Conference Meet</u>	<u>Conference Duals</u>	
	<u>Score</u>	<u>Wins</u>	<u>Losses</u>
Ladysmith/Bruce/Flambeau	329	4	0
Colby/Abbotsford	267.5	5	1
Lakeland	207	2	2
Medford	192	4	2
Wittenberg-Birnamwood	120	0	5
Tomahawk	112.5	1	3
Merrill	72	1	4

(Note: Conference champion determined by Conference Meet results only)

Conference Meet Results

at Ladysmith/Bruce/Flambeau

200yd Medley Relay

1. Colby/Abbotsford	2:01.24
2. Lakeland	2:03.72
3. Tomahawk	2:07.00
4. Colby/Abbotsford	2:07.06
5. Medford	2:07.18
6. Ladysmith/Bruce/Flambeau	2:08.93
7. Merrill	2:14.69
8. Lakeland	2:17.12

200yd Freestyle

1. Rachel Helgeson (L/B/F)	2:07.23
2. Allie Caudle (LAK)	2:15.09
3. Sarah Helgeson (L/B/F)	2:17.10
4. Emma Mathison (WB)	2:18.02
5. Carissa Stauske (MED)	2:19.66
6. Alexa Lynch (MED)	2:22.91
7. Breanna Riegert (C/A)	2:23.08
8. Meg McMahon (L/B/F)	2:23.73

200yd IM

1. Shelby Bowers (WB)	2:24.84
2. Heidi Mortenson (WB)	2:25.32
3. Morgan Huber (C/A)	2:30.21
4. Marlee Kiander (TOM)	2:30.61
5. Cassie Long (L/B/F)	2:32.44
6. Emily Sanderson (LAK)	2:35.86
7. Kayla Nyseth (L/B/F)	2:35.98
8. Katie Kubisak (LAK)	2:36.06

50yd Freestyle

1. Missy Avery (L/B/F)	26.09
2. Carolyn Kelk (LAK)	26.32
3. Kimmy Lecheler (C/A)	26.82
4. Sadie Grunewald (MED)	28.08
5. Courtney Kolehouse (MER)	28.12
6. Kelly Binning (C/A)	28.17
7. Emily Mercier (C/A)	28.42
8. Tori Ostenso (L/B/F)	28.97

100yd Butterfly

1. Carolyn Kelk (LAK)	1:05.30
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2. Danica Kanneberg (C/A)	1:05.87
3. Emily Sanderson (LAK)	1:09.92
4. Sigrid Stensvold (L/B/F)	1:10.25
5. Kayla Nyseth (L/B/F)	1:12.13
6. Kelsey Hilgendorf (TOM)	1:12.22
7. Hannah Grunewald (MED)	1:13.23
8. Kelly Mercier (C/A)	1:15.17

100yd Freestyle

1. Missy Avery (L/B/F)	57.39
2. Hailey Zimmer (L/B/F)	59.05
3. Allie Caudle (LAK)	1:00.35
4. Sabrina Orth (C/A)	1:01.28
5. Casey Schilling (C/A)	1:03.31
6. Tara Buehler (MED)	1:04.17
7. Emma Easterly (MED)	1:04.41
8. Mikaela Long (L/B/F)	1:05.07

500yd Freestyle

1. Rachel Helgeson (L/B/F)	5:45.97
2. Sarah Helgeson (L/B/F)	6:12.68
3. Emma Mathison (WB)	6:14.22
4. Callyn Kamps (LAK)	6:16.79
5. Carissa Stauske (MED)	6:17.11
6. Meg McMahon (L/B/F)	6:26.29
7. Breanna Reigert (C/A)	6:32.64
8. Tori Engel (MER)	6:36.85

200yd Freestyle Relay

1. Ladysmith/Bruce/Flambeau	1:45.17
2. Colby/Abbotsford	1:49.42
3. Lakeland	1:51.57
4. Wittenberg-Birnamwood	1:53.18
5. Medford	1:56.19
6. Tomahawk	1:58.12
7. Ladysmith/Bruce/Flambeau	1:59.59
8. Colby/Abbotsford	2:00.24

100yd Backstroke

1. Sigrid Stensvold (L/B/F)	1:07.05
2. Shelby Bowers (WB)	1:07.93
3. Danica Kanneberg (C/A)	1:09.19
4. Hannah Grunewald (MED)	1:10.39
5. Casey Schilling (C/A)	1:10.42
6. Cassie Long (L/B/F)	1:10.75
7. Callyn Kamps (LAK)	1:11.82
8. Kelsey Maki (TOM)	1:14.67

100yd Breaststroke

1. Marlee Kiander (TOM)	1:11.93
2. Morgan Huber (C/A)	1:13.78
3. Hailey Zimmer (L/B/F)	1:15.58
4. Heidi Mortenson (WB)	1:15.90
5. Katie Kubisak (LAK)	1:17.94
6. Cassandra Buehler (MED)	1:19.24
7. Courtney Kolehouse (MER)	1:19.73
8. Allora Binder (MED)	1:26.17

400yd Freestyle Relay

1. Ladysmith/Bruce/Flambeau	3:56.82
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2. Colby/Abbotsford	4:03.18
3. Medford	4:12.79
4. Wittenberg-Birnamwood	4:14.25
5. Ladysmith/Bruce/Flambeau	4:15.09
6. Colby/Abbotsford	4:26.14
7. Lakeland	4:27.14
8. Tomahawk	4:29.56

Schedule/Results

<u>Day</u>	<u>Date</u>	<u>Game</u>	<u>Time</u>
Sat.	Aug. 22	Medford 5th of 6 teams @ Menomonie Relays (NC)	
Tue.	Aug. 25	Wisconsin Rapids 114, Lakeland 56 (NC)	
Fri.	Aug. 28	Ladysmith/Bruce/Flambeau 2nd @ Tomahawk Invitational (NC)	
Thu.	Sept. 3	Lakeland, Wittenberg-Birnamwood @ D.C. Everest Invitational (NC)	5:00pm
Thu.	Sept. 3	Ladysmith/Bruce/Flambeau 117, Medford 53 (NC)	
Thu.	Sept. 10	Colby/Abbotsford 98, Medford 72	
Thu.	Sept. 10	Medford 112, Wittenberg-Birnamwood 54	
Sat.	Sept. 12	Lakeland 1st, Tomahawk 3rd of 3 teams @ Rhinelander Invitational (NC)	
Tue.	Sept. 15	Marshfield 102, Medford 68 (NC)	
Thu.	Sept. 17	Lakeland 115, Merrill 51	
Thu.	Sept. 17	Ladysmith/Bruce/Flambeau 114, Tomahawk 56	
Tue.	Sept. 22	Wausau East 133, Lakeland 37 (NC)	
Thu.	Sept. 24	Medford 117, Merrill 49	
Thu.	Sept. 24	Merrill 96, Wittenberg-Birnamwood 56	
Thu.	Sept. 24	Medford 114, Wittenberg-Birnamwood 49	
Thu.	Sept. 24	Ladysmith/Bruce/Flambeau 105, Lakeland 65	
Thu.	Sept. 24	Colby/Abbotsford 94, Tomahawk 76	
Sat.	Sept. 26	Colby/Abbotsford 1st, Medford 2nd, Tomahawk 3rd, Merrill 4th of 4 teams @ Medford Invitational (NC)	
Thu.	Oct. 1	Merrill @ Ladysmith/Bruce/Flambeau	5:30pm
Thu.	Oct. 1	Medford 104, Tomahawk 66	
Thu.	Oct. 1	Colby/Abbotsford 96, Lakeland 74	
Thu.	Oct. 8	Tomahawk 93, Merrill 75	
Thu.	Oct. 8	Ladysmith/Bruce/Flambeau 96, Colby/Abbotsford 88	
Thu.	Oct. 8	Colby/Abbotsford 120, Wittenberg-Birnamwood 45	
Thu.	Oct. 8	Ladysmith/Bruce/Flambeau 122, Wittenberg-Birnamwood 50	
Thu.	Oct. 8	Lakeland 86, Medford 84	
Thu.	Oct. 15	Colby/Abbotsford 92, Merrill 64	
Thu.	Oct. 15	Lakeland, Wittenberg-Birnamwood @ Tomahawk	5:30pm
Thu.	Oct. 15	Medford @ Ladysmith/Bruce/Flambeau, ppd. to 10/20	
Tue.	Oct. 20	Medford @ Ladysmith/Bruce/Flambeau	5:30pm

Thu.	Oct. 22	Lakeland @ Marshfield (NC)	5:30pm
Thu.	Oct. 22	Shawano @ Tomahawk (NC)	5:30pm
Fri.	Oct. 30	Great Northern Conference Meet @ Ladysmith/Bruce/Flambeau	
Sat.	Nov. 7	WIAA Division 1 Sectionals Merrill 15th of 15 teams @ Hudson Sectional	
Sat.	Nov. 7	WIAA Division 2 Sectionals Ladysmith/Bruce/Flambeau 3rd, Colby/Abbotsford 4th, Lakeland 8th, Medford 10th, Tomahawk 11th, Wittenberg-Birnamwood 14th of 14 teams @ Stevens Point Sectional	
Fri.	Nov. 13	WIAA Division 2 State Tomahawk 33rd, Ladysmith/Bruce/Flambeau T-34th, Colby/Abbotsford 36th of 38 scoring teams @ Madison	