

GREAT NORTHERN CONFERENCE
2012-13 CROSS COUNTRY ALL-CONFERENCE TEAMS

Conference Meet – Boys Team Standings

<u>School</u>	<u>Score</u>
Lakeland	48
Medford	56
Tomahawk	83
Antigo	108
Rhineland	122
Mosinee	133
Northland Pines	145

BOYS

Runner of the Year: **Bryan Tomek** **Tomahawk**
Coach of the Year: **Kevin FitzPatrick** **Lakeland**

First Team All-Conference

<u>Runner</u>	<u>School</u>	<u>Time</u>	<u>Year</u>
Bryan Tomek	Tomahawk	16:22	11
Devon Savuola	Northland Pines	16:25	12
Michael Orlowski	Lakeland	16:46	12
Tyler Schumacher	Medford	16:51	12
Andrew Schilling	Lakeland	17:10	10
Colin Koss	Antigo	17:18	9
Cortland Tatro	Antigo	17:19	11

Second Team All-Conference

<u>Runner</u>	<u>School</u>	<u>Time</u>	<u>Year</u>
Ryan Kuehn	Tomahawk	17:27	12
Dylan Ouimette	Lakeland	17:29	11
Josh Kakes	Medford	17:36	10
Jarod Rudolph	Medford	17:40	9
Sam O'Melia	Rhineland	17:42	11
Colton Mallek	Mosinee	17:44	12
Mike Knight	Medford	17:46	9

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GIRLS

Conference Meet – Girls

<u>School</u>	<u>Score</u>
Tomahawk	47
Rhineland	72
Lakeland	79
Mosinee	95
Antigo	109
Medford	114
Northland Pines	138

Runner of the Year:	Delaney FitzPatrick	Lakeland
Coach of the Year:	John Zuelsdorf	Tomahawk

First Team All-Conference

<u>Runner</u>	<u>School</u>	<u>Time</u>	<u>Year</u>
Delaney FitzPatrick	Lakeland	15:05	12
Stephanie Welke	Tomahawk	16:12	12
Emlie Robins	Northland Pines	16:24	12
Eva O'Melia	Rhineland	16:29	9
Alex Zedler	Tomahawk	16:33	10
Dani Whiting	Tomahawk	16:34	9
Maggie McCann	Antigo	16:36	11

Second Team All-Conference

<u>Runner</u>	<u>School</u>	<u>Time</u>	<u>Year</u>
Becky Sondelski	Mosinee	16:36	12
Katie Klappa	Lakeland	16:41	11
Michelle Johnson	Lakeland	16:47	12
Claire Tracy	Rhineland	16:49	12
Emmy Larson	Tomahawk	17:00	10
Maddy Nelson	Antigo	17:00	12
Jessica Vanderkoy	Mosinee	17:02	9