

GREAT NORTHERN CONFERENCE

2016 TRACK & FIELD ALL CONFERENCE TEAMS

Runner of the Year - Boys:	Jared Rudolph	Medford
Runner of the Year - Girls:	Alayna Franson	Rhineland
Field Event Person of the Year - Boys:	Logan Allen	Lakeland
Field Event Person of the Year - Girls:	Emily Scott	Lakeland
Coach of the Year - Boys:	Kevin FitzPatrick	Lakeland
Coach of the Year - Girls:	Kevin FitzPatrick	Lakeland

First Team All Conference - Boys

Event	Name	School	Result
100m Dash	Sam Jaeger	Lakeland	11.53
200m Dash	Spencer Sutton	Lakeland	22.98
400m Dash	Spencer Sutton	Lakeland	51.15
800m Run	Colin Koss	Antigo	2:00.74
1600m Run	Jarod Rudolph	Medford	4:27.17
3200m Run	Jarod Rudolph	Medford	9:53.00
110m Hurdles	Jared Novitzke	Mosinee	16.36
300m Hurdles	Tyler Carroll	Lakeland	41.88
4 x 100m Relay	Wohlleber, Rizzo	Lakeland	46.20
	Hayashi, Zeller		
4 x 200m Relay	Fultz, Ekwueme	Medford	1:34.71
	Felix, Rinaldi		
4 x 400m Relay	Sutton, Anderson	Lakeland	3:32.16
	Jaeger, K.FitzPatrick		
4 x 800m Relay	Anderson, M.FitzPatrick	Lakeland	8:27.10
	Diver, W.Bodewes		
High Jump	Ryan Haessly	Mosinee	5'10"
Pole Vault	William Bodewes	Lakeland	12'6"
Long Jump	Garrett Strebig	Medford	19'3"
Triple Jump	Osy Ekwueme	Medford	43'3"
Shot Put	Logan Allen	Lakeland	50'4.25"
Discus	Logan Allen	Lakeland	141'0"

First Team All Conference - Girls

Event	Name	School	Result
100m Dash	Gabrielle Herfindahl	Northland Pines	12.84
200m Dash	Gabrielle Herfindahl	Northland Pines	26.80
400m Dash	Lakyn Kummer	Medford	1:02.15
800m Run	Eva O'Melia	Rhineland	2:26.74
1600m Run	Alayna Franson	Rhineland	5:30.36
3200m Run	Alayna Franson	Rhineland	12:08.68
100m Hurdles	Kaitlin Hayes	Lakeland	16.77
300m Hurdles	Mandi Baker	Medford	48.22
4 x 100m Relay	Hoffman, Emmerich	Medford	51.98
	Carstensen, Meyer		
4 x 200m Relay	Hoffman, Emmerich	Medford	1:47.86
	Brunner, Meyer		
4 x 400m Relay	Kummer, Brunner	Medford	4:14.58
	Farmer, Baker		
4 x 800m Relay	Franson, Hartman	Rhineland	10:16.67
	Quinn, O'Melia		
High Jump	Emily Scott	Lakeland	5'6"
Pole Vault	Kayela Carroll	Lakeland	9'6"
Long Jump	Natalee VanBrocklin	Mosinee	15'8"
Triple Jump	Morgan Hotchkiss	Antigo	31'9"
Shot Put	Lauren Godfrey	Lakeland	32'4.5"
Discus	Hannah Schade	Tomahawk	102'5"

Second Team All Conference - Boys

Event	Name	School	Result
100m Dash	Victor Rinaldi	Medford	11.64
100m Dash	Jacob Mahner	Medford	11.64
200m Dash	Wyatt Wenninger	Tomahawk	23.59
400m Dash	Jake Sullivan	Medford	52.40
800m Run	Caleb Anderson	Lakeland	2:00.77
1600m Run	Kavanaugh FitzPatrick	Lakeland	4:29.19
3200m Run	Noah Bodewes	Lakeland	10:06.00
110m Hurdles	Brandt Beukema	Lakeland	16.38
300m Hurdles	Scott Young	Northland Pines	42.79
4 x 100m Relay	Mahner, Meier Fultz, Felix	Medford	46.61
4 x 200m Relay	Hayashi, Rexroade Rizzo, Beukema	Lakeland	1:37.03
4 x 400m Relay	Ulrich, Sullivan Brandner, Carlson	Medford	3:36.78
4 x 800m Relay	Sullivan, Noland K.Ulrich, T.Ulrich	Medford	8:34.27
High Jump	Jared Novitzke	Mosinee	5'10"
Pole Vault	Scott Young	Northland Pines	12'0"
Pole Vault	Harley Arp	Northland Pines	12'0"
Long Jump	Brandon Van Goethem	Lakeland	18'9.75"
Triple Jump	Brandon Van Goethem	Lakeland	41'11.5"
Shot Put	Sam Fuhrman	Lakeland	46'11"
Discus	Bryce Rheinschmidt	Mosinee	139'8"

Second Team All Conference - Girls

Event	Name	School	Result
100m Dash	Mandi Baker	Medford	13.21
200m Dash	Sydney Emmerich	Medford	26.90
400m Dash	Emily Scott	Lakeland	1:04.48
800m Run	Carley Hintz	Lakeland	2:26.77
1600m Run	Lauren Meyer	Medford	5:34.24
3200m Run	Dani Whiting	Tomahawk	12:11.78
100m Hurdles	Asucena Boyer	Lakeland	17.18
300m Hurdles	Kirsten Lindemann	Northland Pines	48.92
4 x 100m Relay	VanBrocklin, Millhausen Pugh, Schira	Mosinee	52.18
4 x 200m Relay	VanBrocklin, Millhausen Pugh, Schira	Mosinee	1:48.24
4 x 400m Relay	Hintz, Mauzer Scott, Whitman	Lakeland	4:17.97
4 x 800m Relay	Schilling, Mauzer Myszka, Nelson	Lakeland	10:21.70
High Jump	Makayla Hayes	Northland Pines	5'0"
Pole Vault	Kim Robertson	Antigo	9'6"
Long Jump	Kira Millhausen	Mosinee	14'11.5"
Triple Jump	Makayla Hayes	Northland Pines	31'3.5"
Shot Put	Desirae Weissmiller	Medford	31'7.25"
Discus	Molly Carstensen	Medford	94'1"

Honorable Mention All Conference - Boys

Event	Name	School	Result
100m Dash	[None, tie for 2 nd]		
200m Dash	Jacob Mahner	Medford	23.60
400m Dash	Hunter Brandner	Medford	53.24
800m Run	Kody Radtke	Northland Pines	2:02.55
1600m Run	Colin Koss	Antigo	4:32.33
3200m Run	Noah Schulze	Northland Pines	10:14.00
110m Hurdles	Eric Tracy	Rhineland	16.44
300m Hurdles	Eric Tracy	Rhineland	43.47
4 x 100m Relay	Marshall, Bednar Thomas, Hoffmann	Mosinee	47.14
4 x 200m Relay	Marshall, Bednar Thomas, Hofmann	Mosinee	1:37.37
4 x 400m Relay	Radtke, Rainer Rosinski, Schulze	Northland Pines	3:37.76
4 x 800m Relay	Johnson, Tjugum Wick, Vanstrydonk	Tomahawk	9:10.74
High Jump	Mike Rosinski	Northland Pines	5'8"
High Jump	Jacob Rexroade	Lakeland	5'8"
Pole Vault	[None, tie for 2 nd]		
Long Jump	Jake Marshall	Mosinee	18'9"
Triple Jump	Garrett Strebig	Medford	40'7.5"
Shot Put	Evan Andrews	Lakeland	43'3"
Discus	DJ Davis	Mosinee	128'7"

Honorable Mention All Conference - Girls

Event	Name	School	Result
100m Dash	Susanna Roberts	Rhineland	13.23
200m Dash	Emily Scott	Lakeland	27.06
400m Dash	Reena Rastedt	Mosinee	1:05.86
800m Run	Stephanie Balas	Lakeland	2:30.98
1600m Run	Dani Whiting	Tomahawk	5:37.19
3200m Run	Lauren Schilling	Lakeland	12:12.41
100m Hurdles	Kim Robertson	Antigo	17.52
300m Hurdles	Asucena Boyer	Lakeland	49.34
4 x 100m Relay	Justice, Lindemann Hoffman, Herfindahl	Northland Pines	53.35
4 x 200m Relay	Boyer, Hayes Toijala, Nimsgern	Lakeland	1:54.58
4 x 400m Relay	Hotchkiss, McCann Bastle, Petts	Antigo	4:38.30
4 x 800m Relay	H.Brandner, B.Brandner Mravik,Meyer	Medford	10:32.74
High Jump	Kirsten Lindemann	Northland Pines	4'10"
Pole Vault	Annaluz Fox	Tomahawk	8'6"
Long Jump	Kirsten Lindemann	Northland Pines	14'6.75"
Triple Jump	Hannah Brandner	Medford	30'4"
Shot Put	Lexie Rick	Rhineland	31'4.5"
Discus	Lauren Godfrey	Lakeland	92'5"