

2009 Great Northern Conference Track Statistics

Standings

Indoor Conference Meet-Boys

	<u>Score</u>
Tomahawk	141
Merrill	101.5
Lakeland	96.5
Antigo	85
Medford	75
Mosinee	73
Northland Pines	48

Indoor Conference Meet-Girls

	<u>Score</u>
Tomahawk	185
Lakeland	121
Merrill	91
Mosinee	67
Northland Pines	66.5
Antigo	62
Medford	23.5

Outdoor Conference Meet-Boys

	<u>Score</u>
Merrill	131.5
Lakeland	129
Tomahawk	107.5
Mosinee	100
Medford	98
Northland Pines	67
Antigo	63

Outdoor Conference Meet-Girls

	<u>Score</u>
Tomahawk	189.5
Lakeland	132
Merrill	104.5
Mosinee	80
Antigo	79
Northland Pines	61.5
Medford	47.5

Conference Meet Individual Finish

Indoor Boys

55m Dash

1. Matt Gerber (T)	6.78
2. Sam Revak (L)	6.95
3. Brian Folta (MER)	6.98

55m Hurdles

1. Andy Murphy (T)	8.24
2. Seth Sczygelski (MER)	8.44
3. Uriah Steber (A)	8.52

High Jump

1. Brandon Kennedy (L)	5'10"
2. Ryan Pearson (MO)	5'8"
3. Brett Mai (NP)	5'8"

200m Dash

1. Matt Gerber (T)	24.13
2. Brian Folta (MER)	24.34
3. Tyler Hilar (NP)	24.63

200m Hurdles

1. Logan Voellinger (L)	27.63
2. Seth Sczygelski (MER)	27.94
3. Nick Marciniak (A)	28.12

Pole Vault

1. Dylan McCarthy (A)	12'6"
2. Cody Sondelski (MO)	12'0"
3. Seth Sczygelski (MER)	11'6"

400m Dash

1. Sam Revak (L)	55.02
2. Tyler Hilar (NP)	56.00
3. Jake Sczygelski (MER)	56.49

4 x 200m Relay

1. Tomahawk	1:40.02
(Gerber,Zehner,Chase,Murphy)	
2. Mosinee	1:40.36
3. Merrill	1:40.60

Long Jump

1. Tyler Hilar (NP)	21'0"
2. Brock Brandner (MED)	20'1"
3. Brian Folta (MER)	19'9.5"

800m Run

1. Tyler Bostwick (T)	2:09.28
2. Nick Hagar (T)	2:10.48
3. Nick Glaeser (T)	2:11.77

4 x 400m Relay

1. Tomahawk	3:49.84
(Glaeser,Hagar,Leggett,Zehner)	
2. Merrill	3:50.78
3. Mosinee	3:51.68

Triple Jump

1. Jeffrey Hafemann (MER)	41'8.5"
2. Nathan Roy (L)	39'11"
3. Zach Zehner (T)	38'0"

1600m Run

1. Evan Lewandowski (MED)	4:43.91
2. Eric Artymuik (A)	4:44.09
3. Nick VanStrydonk (T)	4:50.04

4 x 800m Relay

1. Tomahawk	8:48.60
(Glaeser,Leggett,Lemke,Bostwick)	
2. Lakeland	9:04.75
3. Mosinee	9:08.22

Shot Put

1. Brandon Meier (MED)	48'10"
2. Jake Dassow (MED)	48'3.75"
3. Austin Zett (L)	46'0.75"

3200m Run

1. Mitch Easker (A)	10:11.40
2. Eric Artymuik (A)	10:37.34
3. Nick VanStrydonk (T)	10:47.66

Indoor Girls

55m Dash

1. Jolene Kerner (A)	7.80
2. Brianna Weyers (T)	8.14
3. Alexa Hayes (MO)	8.15

200m Dash

1. Melissa Espeseth (MER)	27.74
2. Jolene Kerner (A)	28.24
3. Alyssa Rusin (MO)	29.42

400m Dash

1. Megan Gwyn (NP)	1:05.12
2. Emily Miller (T)	1:05.16
3. Lindsey Goff (L)	1:06.63

800m Run

1. Nicole Blahnik (A)	2:37.95
2. Michelle Kuber (T)	2:39.44
3. Kelsey Renn (T)	2:40.06

1600m Run

1. Nicole Blahnik (A)	5:47.30
2. Rachael Miller (T)	5:47.72
3. Mary Prunity (A)	5:56.02

3200m Run

1. Danielle Noland (MER)	11:54.97
2. Mary Prunity (A)	12:43.50
3. Maxine Gustafson (T)	12:56.43

55m Hurdles

1. Megan Gwyn (NP)	9.72
2. Kayli Ogstad (T)	9.97
3. Sara Schleif (MER)	10.03

200m Hurdles

1. Megan Gwyn (NP)	31.87
2. Marlee Kiander (T)	33.16
3. Kaylyn Olson (T)	33.45

4 x 200m Relay

1. Tomahawk	1:57.80
(Weyers,Ogstad,Flynn,Sudbury)	
2. Medford	1:57.86
3. Merrill	1:58.01

4 x 400m Relay

1. Merrill	4:32.36
(Andreska,Espeseth,Kolehouse,Sabey)	
2. Tomahawk	4:35.68
3. Lakeland	4:38.07

4 x 800m Relay

1. Tomahawk	10:39.40
(Swan,Miller,Renn,Kuber)	
2. Merrill	10:40.00
3. Lakeland	10:41.00

High Jump

1. Kellan Flynn (T)	5'2"
2. Taylor Havisto (L)	5'0"
3. Taylor Gesch (L)	5'0"

Pole Vault

1. Marie Peters (L)	9'0"
2. Hayley Bassett (L)	8'6"
3. Sara Schleif (MER)	8'0"

Long Jump

1. Kayli Ogstad (T)	15'8.5"
2. Alexa Hayes (MO)	15'3"
3. Alyssa Rusin (MO)	14'11"

Triple Jump

1. Anna Sudbury (T)	31'6"
2. Megan Gwyn (NP)	31'1"
3. Tiffany Rodriguez (MER)	30'8"

Shot Put

1. Nikolene Miller (T)	35'11.5"
2. Sheena Reed (NP)	35'3.75"
3. Mary Ann Wildcat (L)	33'10.5"

Outdoor Boys

100m Dash

1. Tyler Hilar (NP)	11.57
2. Brian Folta (MER)	11.70
3. Sam Revak (L)	11.77

200m Dash

1. Tyler Hilar (NP)	22.92
2. Brian Folta (MER)	22.95
3. Sam Revak (L)	23.28

400m Dash

1. Sam Revak (L)	52.05
2. Jeffrey Saal (MER)	53.41
3. Jake Sczygelski (MER)	53.46

800m Run

1. Nick Glaeser (T)	2:06.43
2. Dan Stieber (MO)	2:07.03
3. Bart Hallgren (MED)	2:08.06

110m Hurdles

1. Andy Murphy (T)	15.81
2. Seth Sczygelski (MER)	15.82
3. Logan Voellinger (L)	16.09

300m Hurdles

1. Tyler Hilar (NP)	40.43
2. Nick Marciniak (A)	40.75
3. Seth Sczygelski (MER)	41.59

4 x 100m Relay

1. Merrill	45.31
(Folta, Haffemann,Vandergeest,Broesch)	
2. Lakeland	45.71
3. Mosinee	45.78

4 x 200m Relay

1. Lakeland	1:35.61
(Benson,Neri,Roy,Scharbarth)	
2. Tomahawk	1:36.44
3. Mosinee	1:37.21

High Jump

1. Brandon Kennedy (L)	6'2"
2. Dom Harris (MO)	6'0"
3. Ryan Pearson (MO)	5'8"

Pole Vault

1. Cody Sondelski (MO)	12'6"
2. Seth Sczygelski (MER)	12'0"
3. Jimmy Nellesen (NP)	11'6"

Long Jump

1. Tyler Hilar (NP)	21'3.5"
2. Brian Folta (MER)	19'7.25"
3. Sam Soderberg (MO)	19'6"

Triple Jump

1. Jeffrey Haffemann (MER)	43'3.5"
2. Zach Zehner (T)	41'4.25
3. Nathan Roy (L)	41'3"

1600m Run

1. Evan Lewandowski (MED)	4:39.36
2. Eric Artymuik (A)	4:41.36
3. Cody Lemke (T)	4:43.06

3200m Run

1. Mitch Easker (A)	10:00.03
2. Evan Lewandowski (MED)	10:01.19
3. Nick VanStrydonk (T)	10:16.60

4 x 400m Relay

1. Merrill	3:35.31
(S.Sczykelski,J.Sczykelski,Saal,Navarro)	
2. Lakeland	3:37.97
3. Antigo	3:40.45

4 x 800m Relay

1. Tomahawk	8:33.22
(Hagar,Leggett,Glaeser,Lemke)	
2. Mosinee	8:43.45
3. Lakeland	8:57.42

Shot Put

1. Brandon Meier (MED)	48'7"
2. Austin Zett (L)	47'10"
3. Jake Dassow (MED)	46'1.5"

Discus

1. Ethan Hemer (MED)	150'11"
2. Nathan Smolek (MO)	139'4"
3. Samuel Arneson (MER)	131'9"

Outdoor Girls

100m Dash

1. Melissa Espeseth (MER)	13.19
2. Brianna Weyers (T)	13.57
3. Jolene Kerner (A)	13.69

200m Dash

1. Melissa Espeseth (MER)	27.26
2. Brianna Weyers (T)	27.84
3. Rachelle Miller (A)	28.42

400m Dash

1. Emily Miller (T)	1:02.53
2. Lindsey Goff (L)	1:04.41
3. Jaclyn Kerner (A)	1:05.33

800m Run

1. Michelle Kuber (T)	2:27.36
2. Nicole Blahnik (A)	2:33.55
3. Carly Theuerkauf (L)	2:36.30

1600m Run

1. Nicole Blahnik (A)	5:32.49
2. Rachael Miller (T)	5:34.46
3. Danielle Noland (MER)	5:35.45

3200m Run

1. Danielle Noland (MER)	11:53.21
2. Mary Prunty (A)	12:36.44
3. Lindsay Brandenburg (MO)	12:38.77

100m Hurdles

1. Kayli Ogstad (T)	17.79
2. Marlee Kiander (T)	18.09
3. Rachel Brodhead (L)	18.21

300m Hurdles

1. Megan Gwyn (NP)	47.81
2. Marlee Kiander (T)	48.57
3. Rachel Brodhead (L)	51.43

4 x 100m Relay

1. Medford	54.34
(Balciar,Dahl,Plooy,Quednow)	
2. Lakeland	54.56
3. Merrill	54.92

4 x 200m Relay

1. Tomahawk	1:51.85
(Weyers,Mickelson,Flynn,Ogstad)	
2. Antigo	1:53.58
3. Medford	1:54.10

4 x 400m Relay

1. Antigo	4:17.94
(Blahnik,Jo.Kerner,Ja.Kerner,Hunter)	
2. Lakeland	4:21.43
3. Mosinee	4:22.06

4 x 800m Relay

1. Tomahawk	10:28.25
(Kuber,Gustafson,Maday,Renn)	
2. Lakeland	10:40.85
3. Merrill	10:58.81

High Jump

1. Taylor Havisto (L)	5'2"
2. Kellan Flynn (T)	5'0"
T3. Abby Clark (MED)	4'8"
T3. Melissa Espeseth (MER)	4'8"

Pole Vault

1. Marie Peters (L)	9'3"
2. Hayley Bassett (L)	8'6"
3. Anne Balciar (MED)	8'6"

Long Jump

1. Alexa Hayes (MO)	15'9"
2. Anna Sudbury (T)	15'5.25"
3. Erica Plooy (MED)	15'3.75"

Triple Jump

1. Anna Sudbury (T)	35'2"
2. Megan Gwyn (NP)	32'8"
3. Stacy Falesch (L)	31'8.5"

Shot Put

1. Sheena Reed (NP)	35'9"
2. Nikolene Miller (T)	34'9"
3. Marlee Arneson (MER)	33'9"

Discus

1. Nikolene Miller (T)	117'7"
2. Marlee Arneson (MER)	101'2"
3. Sheena Reed (NP)	97'2"

Schedule/Results

<u>Day</u>	<u>Date</u>	<u>Game</u>	<u>Time</u>
Thu.	Mar. 19	Boys-Northland Pines 1st of 6 teams, Girls-Northland Pines 2nd of 6 teams @ Northland Pines (Below the Border) Indoor (NC)	
Thu.	Mar. 19	Mosinee (Boys Only) @ D.C. Everest Indoor (NC)	5:00pm
Fri.	Mar. 20	Girls-Merrill 25th, Medford 26th, Antigo T-27th of 29 teams @ Stevens Point Indoor (NC)	
Sat.	Mar. 21	Boys-Medford 15th, Merrill 16th, Antigo 21st, Mosinee 25th of 25 teams @ Stevens Point Indoor (NC)	
Tue.	Mar. 24	Boys-Medford 3rd of 11 teams @ Marshfield Indoor (NC)	
Tue.	Mar. 24	Boys-Tomahawk 2nd of 8 teams, Girls-Tomahawk 2nd of 9 teams @ Tomahawk Indoor (NC)	
Tue.	Mar. 24	Boys-Antigo 1st of 4 teams, Girls-Antigo 3rd of 4 team @ Antigo Indoor (NC)	
Thu.	Mar. 26	Girls-Medford 8th of 14 teams @ Marshfield Indoor (NC)	
Thu.	Mar. 26	Boys-Northland Pines 1st of 6 teams, Girls-Northland Pines 1st of 6 teams @ Northland Pines (Above the Border) Indoor (NC)	
Sat.	Mar. 28	Boys-Tomahawk 2nd, Northland Pines 3rd of 10 teams, Girls-Tomahawk 1st, Northland Pines 4th of 8 teams @ Northland Pines (Battle of the Border) Indoor (NC)	
Tue.	Mar. 31	Girls-Merrill 5th, Mosinee 6th of 6 teams @ Merrill Indoor (NC)	
Tue.	Mar. 31	Girls-Medford 6th of 13 teams @ Wausau West Indoor (NC)	
Tue.	Mar. 31	Boys-Northland Pines 1st of 6 teams, Girls-Northland Pines 2nd of 6 teams @ Northland Pines Indoor (NC)	
Thu.	Apr. 2	Boys-Merrill 1st, Antigo 2nd of 4 teams @ Merrill Indoor (NC)	
Fri.	Apr. 3	Boys-Mosinee T-6th of 9 teams @ Wausau West Indoor (NC)	
Sat.	Apr. 4	Boys-Lakeland 1st, Tomahawk 2nd of 4 teams, Girls-Tomahawk 1st, Lakeland 2nd, Merrill 4th, Mosinee 5th of 8 teams @ Lakeland Indoor (NC)	
Tue.	Apr. 7	Boys-Tomahawk 2nd of 4 teams, Girls-Tomahawk 2nd of 4 teams @ Tomahawk Indoor (NC)	
Thu.	Apr. 9	Girls-Antigo 11th, Medford 12th of 14 teams @ Wausau West Indoor (NC)	
Tue.	Apr. 14	Great Northern Conference Indoor Meet @ Northland Pines	
Thu.	Apr. 16	Boys-Mosinee 2nd of 8 teams, Girls-Mosinee 2nd of 7 teams @ Marathon Invitational (NC)	
Thu.	Apr. 16	Boys-Medford 1st, Tomahawk 3rd of 3 teams, Girls-Tomahawk 2nd, Medford 3rd of 3 teams @ Medford (Early Bird) Invitational (NC)	
Thu.	Apr. 16	Boys-Northland Pines 3rd of 4 teams @ Prentice Invitational (NC)	
Tue.	Apr. 21	Mosinee Quadrangular (NC), ccd.	
Tue.	Apr. 21	Tomahawk @ Wittenberg-Birnamwood Relays (NC), ccd.	
Tue.	Apr. 21	Antigo (Girls Only) @ Wausau West (NC), ccd.	

Thu.	Apr. 23	Boys-Antigo 2nd, Mosinee 4th of 4 teams, Girls-Mosinee 3rd, Antigo 4th of 4 teams @ Antigo Invitational (NC)	
Thu.	Apr. 23	Boys-Tomahawk 1st, Lakeland 2nd, Northland Pines 3rd of 4 teams, Girls-Tomahawk 1st, Lakeland 2nd, Northland Pines 3rd of 5 teams @ Lakeland Relays (NC)	
Thu.	Apr. 23	Boys-Merrill 1st of 5 teams @ Wausau East Pentangular (NC)	
Fri.	Apr. 24	Girls-Medford 7th of 7 teams @ D.C. Everest Invitational (NC)	
Sat.	Apr. 25	Girls-Merrill 4th of 8 teams @ Janesville Parker Invitational (NC)	
Mon.	Apr. 27	Boys-Northland Pines 1st of 6 teams, Girls-Northland Pines 1st of 5 teams @ Phillips Invitational (NC)	
Tue.	Apr. 28	Boys-Merrill 2nd, Antigo 3rd of 5 teams @ Antigo Relays (NC)	
Tue.	Apr. 28	Boys-Mosinee 1st, Medford 4th of 7 teams, Girls-Mosinee 4th, Medford 5th of 7 teams @ Medford Invitational (NC)	
Thu.	Apr. 30	Boys-Tomahawk 1st, Northland Pines 2nd of 5 teams, Girls-Tomahawk 1st, Lakeland 2nd, Northland Pines 4th of 6 teams @ Northland Pines Invitational (NC)	
Fri.	May 1	Antigo (Girls Only) @ Panther Invitational (NC)	4:00pm
Fri.	May 1	Boys-Medford 4th of 6 teams @ D.C. Everest Invitational (NC)	
Mon.	May 4	Northland Pines 1st of 5 teams @ Conserve School Invitational (NC)	
Tue.	May 5	Boys-Mosinee 1st, Antigo 2nd, Medford 3rd of 3 teams, Girls-Mosinee 1st, Antigo 2nd, Medford 3rd of 3 teams @ Mosinee Triangular (NC)	
Fri.	May 8	Boys-Merrill 1st, Lakeland 3rd, Tomahawk 4th, Mosinee 5th, Antigo 6th, Medford 7th of 9 teams, Girls-Tomahawk 1st, Lakeland 4th, Merrill 5th, Antigo 6th, Mosinee 8th, Medford 11th of 11 teams @ Merrill Invitational (NC)	
Mon.	May 11	Boys-Northland Pines 3rd of 9 teams @ Hayward Invitational (NC)	
Tue.	May 12	Boys-Antigo 2nd of 7 teams, Girls-Antigo 2nd of 7 teams @ Shawano Invitational (NC)	
Thu.	May 14	Northland Pines @ Three Lakes Invitational (NC)	3:30pm
Thu.	May 14	Boys-Mosinee 2nd of 7 teams, Girls-Mosinee 4th of 7 teams @ Nekoosa Invitational (NC)	
Thu.	May 14	Boys-Tomahawk 1st, Northland Pines 3rd, Medford 5th of 6 teams, Girls-Tomahawk 1st, Northland Pines 4th, Medford 5th of 6 teams @ Tomahawk Invitational (NC)	
Fri.	May 15	Medford @ Wisconsin Dells Invitational (NC)	4:00pm
Tue.	May 19	Great Northern Conference Meet @ Tomahawk	
Tue.	May 26	WIAA Division 1 Regionals Boys-Merrill 4th, Lakeland 5th, Antigo 7th of 8 teams, Girls-Lakeland 5th, Merrill 6th, Antigo 7th of 8 teams @ Lakeland Regional	
Tue.	May 26	WIAA Division 2 Regionals Boys-Tomahawk 1st, Mosinee 2nd, Medford 3rd, Northland Pines 4th of 8 teams, Girls-Tomahawk 1st, Mosinee 3rd, Northland Pines 4th, Medford 7th of 8 teams @ Colby Regional	

Fri.	May 29	WIAA Division 1 Sectionals Boys-Merrill 7th, Lakeland 8th, Antigo 11th of 16 teams, Girls-Lakeland 12th, Antigo 13th, Merrill 14th of 14 teams @ Wausau East Sectional WIAA Division 2 Sectionals Boys-Tomahawk 5th, Medford 10th, Northland Pines T-11th, Mosinee 14th of 35 teams, Girls-Tomahawk 4th, Northland Pines 8th, Mosinee T-25th, Medford 28th of 35 teams @ Medford Sectional
Fri.-Sat.	Jun. 5-6	WIAA Division 1 State Boys-Lakeland T-53rd of 69 scoring teams @ La Crosse
Fri.-Sat.	Jun. 5-6	WIAA Division 2 State Boys-Northland Pines T-37th, Mosinee T-57th of 67 scoring teams, Girls-Northland Pines T-30th, Tomahawk T-42nd of 60 scoring teams @ La Crosse